

– SAFE –

Safety Advice For Elderly drivers

Name: _____ Date of birth: _____ Sex: f m

Active driver? yes no If not, why? _____

Risk factor	Risk level				
	unclear	no risk	low	medium	high
1 Accident history					
1.1 Accidents/traffic offences/police controls due to driving behavior (last 2 years)	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="radio"/>	<input type="checkbox"/>
1.2 Passenger feels unsafe	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="radio"/>	<input type="checkbox"/>
1.3 Avoidance behavior (e.g. driver does not drive during darkness anymore)	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="radio"/>	<input type="checkbox"/>
2 Activities of daily living					
2.1 Impairment BADL	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="radio"/>
3 Vision					
3.1 Visual acuity (eye chart < 60 %)	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="radio"/>
3.2 Field of view < 140 degrees/double vision/neglect	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="radio"/>
4 Cervical spine mobility					
4.1 Limited head rotation, but > 45 degrees	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.2 Head rotation < 45 degrees	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="radio"/>
5 Diseases, symptoms, medication					
5.1 Parkinson's disease	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="radio"/>	<input type="checkbox"/>
5.2 Epilepsy (asymptomatic < 12 months and/or syncope < 6 months)	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="radio"/>
5.3 Stroke (hemorrhage or ischemia) < 6 months	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="radio"/>
5.4 Diabetes Mellitus including hypoglycemia and/or relevant somatic impairments	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="radio"/>	<input type="checkbox"/>
5.5 Addiction (alcohol/benzodiazepine)	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="radio"/>
5.6 Psychotropic substances, sedative (long-term therapy)	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="radio"/>	<input type="checkbox"/>
5.7 Psychotropic substances (uptitration phase)	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="radio"/>
5.8 Impulsive/aggressive behavior	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="radio"/>
5.9 Daytime sleepiness (ESS)	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="radio"/>
6 Global cognitive functioning					
6.1 MMSE: 25-28 points	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.2 MMSE: 22-24 points	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="radio"/>	<input type="checkbox"/>
6.3 MMSE: < 22 points	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="radio"/>
7 Cognitive flexibility					
7.1 Trail Making Test B: 120-139 seconds	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="checkbox"/>
7.2 Trail Making Test B: 140-180 seconds	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="radio"/>	<input type="checkbox"/>
7.1 Trail Making Test B: > 180 seconds or cannot be completed	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="radio"/>
8 Dementia etiology and severity					
8.1 Mild Alzheimer's dementia (MMSE > 24 points, TMT B < 140 seconds)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="checkbox"/>
8.2 Frontotemporal dementia	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="radio"/>
8.3 Dementia with Lewy bodies	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="radio"/>
8.4 Parkinson's dementia	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="radio"/>
9 Other risk factors					
9.1 Anosognosia/thought disorder/right-left disorientation etc.	<input type="radio"/>	<input type="radio"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="radio"/>
Total risk estimation for driving safety					
low	medium ¹	high ²	very high ³	unclear	
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
<small>Interpretation guidelines: ¹maximal 2 low risk factors or 1 medium risk factor, ²more than 2 low risk factors or more than 1 medium risk factor, ³at least 1 high risk factor</small>					
<small>EvKB, Department of Geriatric Psychiatry</small>					